



QUICK REFERENCE GUIDE

June 12, 2020

COACHES

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Ontario's Return to Baseball for practices, try-outs, camps, clinics, and training sessions for 2020. The Checklist will be updated as the Province moves towards opening up for game play.

WHAT YOU NEED TO DO (OR MAKE SURE GETS DONE BY RESPONSIBLE PEOPLE):

- Take charge of this check-list personally, or charge one assistant coach or parent volunteer to monitor and ensure adherence to Return to Sport protocols at each event
- Host a parent meeting prior to the season to educate families of the Return to Sport Protocols
- Design practice plans and dugout usage to include physical distancing (6 feet), except for brief exchanges
- Monitor arrival and departures to avoid large group gatherings
- Ensure you or a member of the coaching staff maintains an attendance tracker (either written or electronic through the Baseball Ontario OnDeck app) for all events
- If the attendance tracker is done in written form, within 24 hours of the event, the coaching staff will provide their Local Association with a copy of the attendance tracker for each event
- ensure that hand sanitizer and disinfecting supplies are prepared and ready for use
- Ensure that only the scheduled team is using the facility
- Remind players each session of the restrictions:
 - ◇ physical distancing
 - ◇ No sharing of equipment or personal items
 - ◇ No spitting, chewing gum, or eating sunflower seeds
 - ◇ No handshakes or high fives
- Request that players arrive no more than 15 minutes ahead of practices, and leave as soon as it's over
- Conduct team huddles and meetings using physical distancing
- Use of Personal Protective Equipment (PPE) (visor or mask, gloves) must be used by trainers (or persons performing trainer function) when assessing an injury
- In conjunction with other members of team staff, monitor participants' adherence to the restrictions and ensure extra hand sanitizing is completed when necessary
- If any persons who are noticeably and consistently NOT following restrictions, ask them to leave the Ballpark immediately
- Ensure equipment is disinfected after each session

WHAT EQUIPMENT YOU NEED:

- Hand Sanitizer
- Cleaning products for high touch items, spots and equipment
- PPE (gloves, masks) for times that a coach is not able to keep physical distance

Thank you for your dedication and cooperation. Have a great summer of baseball!